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- GLATT KOSHER MEAT & POULTRY
- FRESH FISH
- APPETIZING
- BAKERY
- FRESH PRODUCE

OUR ENTIRE STORE IS UNDER THE STRICT SUPERVISION OF THE VAAD HAKASHRUTH OF THE FIVE TOWNS AND FAR ROCKAWAY ACCEPTED

FOR SUPERSOL'S FAMOUS "NO-STOP SHOP" PLEASE CALL ORDER HOTLINE: (516) 295-3300 OR FAX HOTLINE: 295-5001 SAME DAY SERVICE

SUPERSOL®

"THE ULTIMATE KOSHER SUPERMARKET"

330 Central Avenue • Lawrence

• (516) 295-3300 • FAX 295-5001

- DAIRY
- FROZEN
- LARGEST SELECTION ANYWHERE OF KOSHER GROCERIES

STORE HOURS
SUN. 7AM-7PM
MON. 7AM-7PM
TUES. 7AM-7PM
WED. 7AM-8PM
THURS. 7AM-10PM
FRI. 7AM-5:30PM

- WE DELIVER TO YOU!!!
- RIVERDALE
 - OCEANSIDE
 - LONG BEACH
 - MERRICK
 - BELLMORE
 - PLAINVIEW
 - WEST HEMPSTEAD
 - MANHATTAN
 - BROOKLYN
 - BELLE HARBOR

AND MORE!!!
FOR INFORMATION PLEASE CALL!!!

SALES DATES:
Sunday, 8/1/10 - Friday, 8/6/10



Learn from the Pros!

August 24, 25 & 26 at MCU Park in Coney Island. Sessions: 9 a.m. - 1 p.m. and open to ages 7 to 14.

For Info: Call Benjy 516-295-3300
BBSUPERSOL@aol.com

Campers will receive: Instruction from Cyclones' players and coaches on the fundamentals of the game. HITTING, PITCHING, FIELDING Camp T-Shirt and Cap, A Glatt Kosher Lunch Each Day, Four Field Box Seats to the Cyclones vs. Aberdeen on August 25

SUMMER IS BARBECUE TIME AT SUPERSOL!



Pick up all your barbecue needs from burgers, franks & steaks to buns charcoal, chips & fries...and under one roof!!!!



Don't want barbecue headache? Why grill, when we thrill! Let David K cater your barbecue!!! SEE DAVID TODAY FOR YOUR BARBECUE MENU.

SMART SHOPPERS: TURN YOUR FILLED BOOKS INTO \$\$\$ - LOOK AT THESE SAVINGS!*

*SMART SHOPPER STAMPS ARE DISTRIBUTED AND REDEEMED ON IN-STORE PURCHASES ONLY, STAMPS CAN ONLY BE REDEEMED OR DISTRIBUTED AT POINT OF PURCHASE.

FREE DELIVERY!!! 15% OFF YOUR PURCHASE
IN STORE ONLY, WITH ONE FILLED SMART SHOPPER CARD
MONDAY ONLY W/ONE FILLED SMART SHOPPER CARD.
EXCLUDING SPECIALS SUSHI FISH, AND FRESH MEAT

2 FRESH HOT BARBECUE CHICKENS ONLY \$8.88 <small>TUESDAY ONLY. W/3 FILLED SMART SHOPPER CARDS</small>	SUPERSOL GEFILTE FISH \$2.88 <small>FROZEN LOAF W/2 FILLED SMART SHOPPER CARDS</small>
POLAND SPRING SPORTS BOTTLE WATER 5/\$1.00 <small>24 OZ. W/2 FILLED SMART SHOPPER CARDS</small>	EXTRA LARGE EGGS 54¢ DOZEN <small>W/1 FILLED SMART SHOPPER CARD</small>
SMART BBQ SPECIAL!! HAMBURGER PATTIES FRESHLY FROZEN (WHITE BOX) \$5.00 OFF <small>W/3 FILLED SMART SHOPPER CARDS</small>	SMART BBQ SPECIAL!! BUTTERFLY CHICKEN CUTLETS \$2.00 OFF PER PKG. <small>W/1 FILLED SMART SHOPPER CARD</small>
SMART BBQ SPECIAL!! AARON'S FRANKFURTERS CLASSIC \$3.66 <small>1 LB. PKG. W/1 FILLED SMART SHOPPER CARD</small>	SMART BBQ SPECIAL!! MINUTE STEAKS FAMILY PACK \$5.00 OFF <small>W/3 FILLED SMART SHOPPER CARDS</small>
SMART BBQ SPECIAL!! RIB STEAKS FAMILY PACK \$6.66 <small>W/3 FILLED SMART SHOPPER CARDS</small>	SMART BBQ SPECIAL!! GOLDEN BLOSSOM HONEY 98¢ <small>8 OZ. JAR W/2 FILLED SMART SHOPPER CARDS</small>

GROCERY SPECIALS

COCOA PUFFS CEREAL \$2.99 <small>16 OZ.</small>	CRYSTAL GEYSER SPORT CAP WATER 2/\$5.00 <small>8 OZ. 8 PK.</small>	TRIX CEREAL \$2.99 <small>14 OZ.</small>	MIKEE SESAME TERIYAKI SAUCE \$2.99 <small>20 OZ.</small>
RONZONI ELBOWS 99¢ <small>1 LB.</small>	WESSON OIL \$7.99 <small>GALLON</small>	MAXWELL HOUSE REGULAR INSTANT COFFEE \$4.99 <small>8 OZ.</small>	BOUNTY TOWELS SINGLE ROLL 99¢ <small>52 CT.</small>

PRODUCE

TENDER SWEET YELLOW OR BI-COLOR CORN 3/\$1.99	NEW JERSEY BLUEBERRIES \$2.99 EACH	SOUTHERN PEACHES 99¢ LB.	CALIFORNIA BLACK PLUMS \$1.99 LB.
CALIFORNIA RED SEEDLESS GRAPES \$2.99 LB.	CALIFORNIA GREEN SEEDLESS GRAPES \$2.99 LB.	SEEDLESS WATERMELON 59¢ LB.	IDAHO POTATOES \$1.99 5 LB. BAG
ONIONS \$1.99 3 LB. BAG			

BONUS SPECIALS

BARRY'S FRENCH TWISTS 2/\$5.00	ASPEN FACIAL TISSUES \$1.29 <small>144 CT.</small>	PRINGLES (EXCEPT REDUCED FAT) \$1.59	ENTENMANN'S COOKIES & LITTLE BITES \$1.99	GEFEN WHOLE MANDARIN ORANGES 59¢ <small>11 OZ.</small>	STREITS BAG-N-BAKE (REG. ONLY) 99¢
PRESIDOR CHOCOLATE LINED WAFER ROLLS \$1.29 <small>3.5 OZ.</small>	CHEERIOS CEREAL \$2.79 <small>14 OZ.</small>	DUNCAN HINES CAKE MIX \$1.69 <small>18 OZ.</small>	MAXWELL HOUSE INSTANT DECAF COFFEE \$5.69 <small>8 OZ.</small>	DEL MONTE PEACHES & PEARS REG OR LIGHT \$1.69 <small>15 OZ.</small>	
BACHMANN'S KIDZELS 2/\$4.00 <small>15 OZ. BAG</small>	BOSTON 6 PACK POPCORN \$2.99 <small>3 OZ. BAG</small>	WISE POTATO CHIPS \$2.99 <small>ASST. FLAVORS 10 OZ. BAG</small>	HERR'S POTATO CHIPS 99¢ <small>ASST. FLAVORS 3.75 OZ. BAG</small>	EAT SMART VEGGIE CRISPS \$2.99 <small>8 PACK</small>	
NESTEA ICED TEA \$6.99 <small>REG. OR DIET 12 PACK 16.9 OZ. PK.</small>	LIEBER'S WINKIES \$2.69 <small>11 OZ. BAG</small>	GOURMET BASICS SMART FRIES 99¢ <small>1 OZ. BAG</small>	SENSIBLE PORTIONS VEGGIE CHIPS OR STRAWS 99¢ <small>1 OZ. BAG</small>		

FROZEN SPECIALS

SUPER SOL GEFILTE FISH \$3.99	MACABEE PIZZA BAGELS \$3.49 <small>12.5 OZ. BOX</small>	MCCAIN SEASONED SPIRALS OR 5 MINUTE FRIES \$3.99	BEN & JERRY ICE CREAM ASSORTED VARIETIES \$3.49 <small>PINT</small>
HAAGEN DAZS ICE CREAM ASSORTED VARIETIES \$3.69 <small>PINT</small>	WHITE ROSE ICE CREAM CUPS \$3.99 <small>32 OZ. 12 PK.</small>	WHITE ROSE JR. POPS RED • WHITE • BLUE \$1.99 <small>21 OZ. BOX</small>	GOLDEN FLOW CHOPPED SPINACH \$4.59 <small>32 OZ. BAG</small>
YEREK FRENCH-CUT GREEN BEANS \$1.29 <small>16 OZ. BAG</small>	BODEK STRAWBERRIES WITH SUGAR \$3.99 <small>16 OZ. CONT.</small>	NEW YORK PRETZELS \$2.99 <small>21 OZ. BOX</small>	ANGEL'S BUREKAS POTATO OR CHEESE \$4.89 <small>16 OZ. BOX</small>
SMACKIN' GOOD WAFFLES OR PANCAKES \$2.69	LENDER'S BAGELS \$1.69	OF TOV CHICKEN NUGGETS OR CHICK LICIOUS \$9.99 <small>32 OZ. BAG</small>	MACABEE EGGPLANT CUTLETS OR STICKS \$3.89
			ZOGLO'S VEGETARIAN CUTLETS \$4.89 <small>10.6 OZ. BOX</small>

DAIRY SPECIALS

FRESH & HEALTHY MILK \$1.99 <small>64 OZ.</small>	EMES FARM'S MILK \$1.99 <small>64 OZ.</small>	MEHADRIAN PUDDING \$1.99 <small>4 PK</small>	FRESH & HEALTHY ORANGE JUICE \$2.99 <small>64 OZ.</small>
CHICKEN BREASTS WITH WINGS \$1.59 <small>LB.</small>	PRIME AMERICAN WHOLE MINUTE ROAST \$7.99 <small>LB.</small>	FRESH & HEALTHY COTTAGE CHEESE \$2.79 <small>1 LB.</small>	FRESH & HEALTHY COTTAGE CHEESE \$2.99 <small>1 LB.</small>
PRIME AMERICAN TOP OF THE RIB \$5.99 <small>LB.</small>	PRIME AMERICAN SHOULDER LONDON BROIL \$6.99 <small>LB.</small>	FRIENDSHIP COTTAGE CHEESE \$2.99 <small>1 LB.</small>	SLIM U OR MORNING SELECT COTTAGE CHEESE \$2.99 <small>1 LB.</small>
PRIME AMERICAN FAMILY PACK SHOULDER STEAKS \$6.99 <small>LB.</small>	PRIME AMERICAN BONE IN FILET STEAK FAMILY PACK \$6.99 <small>LB.</small>	MORNING SELECT CREAM CHEESE \$1.99 <small>8 OZ.</small>	FRESH & HEALTHY CREAM CHEESE \$2.49 <small>8 OZ.</small>
A & H FAMILY PACK FRANKS \$10.99 <small>40 OZ.</small>	STUFFED DELI CHICKEN CAPONS \$6.99 <small>LB.</small>	FRIENDSHIP SOUR CREAM \$1.69 <small>1 LB.</small>	FRESH & HEALTHY FARMER CHEESE \$4.99 <small>1 LB.</small>
STUFFED TURKEY PASTRAMI \$5.49 <small>LB.</small>	TEVYAS RANCH BONELESS FILET STEAKS \$5.99 <small>LB.</small>	BREAKSTONE WHIPPED BUTTER \$1.89 <small>8 OZ.</small>	FRESH & HEALTHY SHREDDED CHEESE \$2.49 <small>8 OZ.</small>
TEVYAS RANCH BONELESS RIB EYE STEAKS \$9.49 <small>LB.</small>	TEVYAS RANCH BONELESS FLANKEN \$6.99 <small>LB.</small>	ONEG SHREDDED CHEESE \$2.99 <small>8 OZ.</small>	SCHTARK SHREDDED CHEESE \$2.99 <small>8 OZ.</small>
TEVYAS RANCH BRICK ROAST \$8.29 <small>LB.</small>	TEVYAS RANCH BONELESS SPARE RIBS \$6.99 <small>LB.</small>	MORNING SELECT AMERICAN CHEESE \$10.99 <small>3 LBS.</small>	GOLAN'S SLICED CHEESE \$1.49 <small>6 OZ.</small>
TEVYAS RANCH RIB EYE SANDWICH STEAKS \$9.29 <small>LB.</small>	TEVYAS RANCH NY FILET STEAKS \$8.29 <small>LB.</small>	GIVAT NON FAT YOGURT 79¢ <small>5 OZ.</small>	NORMAN'S NON FAT YOGURT 69¢ <small>5.3 OZ.</small>
		FRESH & HEALTHY FRUIT DRINKS 99¢ <small>64 OZ.</small>	EXTRA LARGE EGGS \$1.29

NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS • WE RESERVE THE RIGHT TO LIMIT SALE ITEMS "ALL SPECIALS ARE IN-STORE ONLY"

"ONE CALL DOES IT ALL" CALL DAVID KAY FOR ALL YOUR CATERING NEEDS!! OR E-MAIL SUPERSOLCATERERS@JUNO.COM

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