

- Appetizers -

Mozzarella Sticks	6.95
<i>3 Jumbo homemade pieces of mozzarella cheese fried to perfection. Served with our zesty marinara sauce</i>	
Crostini	6.50
<i>Bed of lettuce topped with large slice of tomato & mozzarella covered with Tapenade on pieces of toasted bread</i>	
Moza-bella	5.95
<i>Slice of fresh mozzarella cheese atop a whole portabella mushroom baked to perfection</i>	
Hummus Platter	6.75
<i>3 pieces of medallion mushrooms and onion served with a pita bread</i>	

- Soups -

Vegetable Soup	4.25
Onion Soup	4.75
Fish Chowder	4.95
<i>Mixed vegetables and white fish (mildly spicy)</i>	
Soup Bread Bowl	5.50
<i>Any soup served in a scooped out round loaf of bread</i>	

- Omelets -

All omelets come with choice of french fries, salad, home fries or mashed potatoes

Spinach Feta Omelet	8.95
<i>Mixture of spinach and feta cheese</i>	
Mushroom Omelet	8.95
<i>Mushrooms and onions sautéed in tomato sauce</i>	
Fresh Mushroom Omelet	8.95
<i>Fresh sliced mushrooms</i>	
Spanish Omelet	8.95
<i>Tomato, onions, green and red peppers sautéed in tomato sauce</i>	
Fresh Vegetable Omelet	8.95
<i>Chopped tomatoes, onions, green and red peppers</i>	
Broccoli Omelet	10.95
Cheese Omelet	9.95
<i>Choice of American, mozzarella or feta cheese</i>	
Lox & Onion Omelet	10.95
<i>Nova lox and onions</i>	
French Fries Omelet	8.95
Everything Omelet	10.95
<i>Mixture of sautéed vegetables and mushrooms in tomato sauce with spinach and feta cheese</i>	
3 Eggs Any Style	7.95
<i>Scrambled, over easy, sunny side up</i>	

**Egg whites available upon request*

**\$1.00 extra for each additional ingredient*

- Salads -

Choice of Dressing - Special Ruthie's House Dressing, Balsamic Vinegar, Creamy Italian, Light Italian

Garden Salad	8.95
Ruthie's House Salad	10.95
Mushroom Salad	10.95
Nicoise Salad	13.95
Devil Egg Salad	11.95
Venetian Salad	12.95
Caesar Salad	8.95
Greek Salad	9.95
Israeli Salad	7.95
Tuna Platter	9.95
Vegetable Tuna Platter	9.95
Grilled Vegetable Over Salad	9.95

Fresh Mozzarella or Feta Cheese add \$2.00

Anchovies add \$3.00

Scoop of Tuna or Vegetable Tuna add \$4.00

- Blintzes -

2 per order (served hot)

Potato and Onion	7.50
Potato Mushroom and Onion	7.50
Potato Spinach and Feta Cheese	7.50
Potato and Cheese Melt	7.50
Spinach and Feta Cheese	7.50

**Ask about our
Fresh Baked Goods**

- Blintzes -

2 per order (served cold)

Apple Raisin	6.90
Cheese	6.90
Cherry Cheese	6.90
Blueberry Cheese	6.90
Pecan Cheese	6.90

- Pastas -

Tortellini Aurora	11.95
<i>Round pasta stuffed with cheese served in a creamy marinara sauce</i>	
Linguini Primavera	9.95
<i>Long slender strings of spaghetti, topped with grilled vegetables in a sundries tomatoes and mushroom sauce</i>	
Fettuccine Alfredo	9.95
<i>Flat noodles served in a white cream sauce</i>	
Penne Alla Vodka	10.95
<i>Ziti noodles served with a vodka sauce</i>	
Linguini Garlic and Olive Oil	8.95
Baked Ziti	9.95
<i>Noodles with shredded mozzarella cheese, marinara sauce, baked just right</i>	
Ravioli Con La Ricotta	10.95
<i>Ravioli with delicate ricotta filling served in a marinara sauce</i>	
Rigatoni Al Pesto Genovese	8.95
<i>Short pasta's pipes with pesto sauce</i>	
Angel Hair	11.95
<i>Tossed with steamed broccoli and topped with rich cream sauce</i>	
Eggplant Parmesan	9.95
<i>5 pieces of eggplant baked with mozzarella cheese and marinara sauce</i>	

- Fish -

All fish entrees served with choice of rice, linguini or baked potato with string beans and baby carrots

Fried Flounder	19.95
<i>Seasoned with sesame bread crumbs</i>	
Flounder Parmesan	20.95
<i>Fresh 8oz. flounder fillet breaded, topped with marinara sauce and fresh mozzarella cheese</i>	
Grilled Tilapia	18.95
<i>Fresh Tilapia grilled to perfection</i>	
Baked Salmon	21.95
<i>Topped with mushrooms and sundried tomatoes</i>	
Grilled Salmon	21.95
<i>Topped with mushrooms and sundried tomatoes</i>	

- Entrees -

Soy Burger Platter	9.50
<i>Soy Burger in a round french baguette with lettuce and tomatoes, served with french fries</i>	
Fresh Tomato, Mozzarella and Basil Platter	8.95
Mellawach	7.50
<i>Puffed pastry dough baked to a golden brown served with fresh shredded tomatoes and hard boiled egg</i>	
Mellawach Melt	8.50
<i>Same as above only with melted mozzarella cheese</i>	
Mozzarella Sticks	9.95
<i>5 jumbo homemade pieces of mozzarella cheese fried to perfection and served with our zesty marinara sauce</i>	
Smoked Salmon Platter	14.95
<i>Served with cream cheese and a bagel</i>	
Baked Potato	6.95
<i>Choice of broccoli, cheese or mushroom (\$1.00 extra for each additional topping)</i>	

- Ruthie's Specials -

Belgian Waffle	5.95
<i>Served with maple syrup</i>	
Belgian Waffle Sundae	9.95
<i>Served with 2 scoops of ice cream</i>	
French Toast	7.95
<i>3 large slices of challah bread dipped in Rice Krispies fried to perfection</i>	
Pancakes	7.95
<i>3 pancakes per serving - Available Topping: Blueberries, chocolate chip, apples or hot bananas and pecans - \$1.95 per topping</i>	

- Sabra's 8" Personal Pizza -

Low Carb Pizza	8.00
<i>Large whole wheat crust with tomato sauce and cheese</i>	
Capresa	8.50
<i>Fresh slices of tomatoes, fresh mozzarella topped with fresh garlic</i>	
Mushroom Pizza	9.50
<i>Fresh slices of tomatoes and strips of portabella mushroom on a cheeseless foccacia</i>	
Traditional Plain Cheese	6.50
<i>Available Toppings: cheese, mushrooms, peppers, onions, tomatoes, black olives</i>	
<i>For each topping add \$1.00</i>	

- Sandwiches -

All served with choice of salad or french fries

Tuna on a Baguette	9.95
Tuna Melt on a Baguette	10.95
Grilled Cheese Baguette	8.95
Feta Cheese Baguette	8.95
Fresh Mozzarella Baguette	8.95
Grilled Veggie Sandwich	9.95
<i>Red pepper, mushroom, zucchini, carrots, eggplant inside a baguette (Fresh mozzarella cheese optional)</i>	
Tuna Wrap	9.95
Grilled Veggie Wrap	9.95

- Side Orders -

French Fries	3.50
Spicy Fries	4.00
Home Fries	3.75
Side of Salad	4.50
Rice	4.50
Baked Potato	4.95
Grilled Vegetables	4.50

- Milk Shakes -

Ice Cream Milk Shake	4.50
Yogurt Milk Shake	4.50
Cappuccino Icer	4.50
Fruits Smoothie	4.50
<i>(Fat Free Yogurt Base)</i>	
Fresh Fruit Shake	4.50
<i>(Orange Juice Base)</i>	
Malted	4.50
Egg Cream	2.50
Float	3.25

- Beverages -

Cappuccino	3.25
Cafe Latte	3.25
Cafe Au lait	3.25
Mochachino	3.50
Hot Chocolate	2.95
Espresso	2.00
Double Espresso	2.50
Coffee	1.70
<i>Flavored Coffee Vanilla, Hazelnut, Coconut, Macadamia Nut, Frost Mint, Passion Fruit, Strawberry, Swiss Choc., Fat Free Vanilla</i>	
Tea	1.70
<i>Flavored Tea Earl Gray, Peppermint, Chamomile, Cinnamon, Raspberry, Red Zinger, English Breakfast, Green Tea</i>	
Ice Coffee	2.50
Ice Tea	2.50
Ice Cappuccino/Latte/Mochachino	3.50
Chocolate Milk	2.95
Tropicana Orange Juice	2.25
Apple Juice	1.85
Snapple	1.85
Soda	1.70
San Pellegrino	3.00
Mineral Water	1.50

- Ruthie's Homemade Dressing -

12 oz	5.95
24 oz	10.95

- Prices subject to change - 11/06

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Ruthie's

560 Central Avenue
Cedarhurst, NY 11516

516-569-1818

Fax 516-569-1895

*Please Call Ahead and We'll Have
Your Order for Pick Up*