

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| <p>Flu Shots Thursday November 3rd JASA Lunch Room</p> | <p>1 <u>Speaker: Saul Fahti</u> 10:30 Kentucky Derby 11:00 <u>Jewish Life in Arab Countries</u> 1:15 Zumba</p> | <p>2 Blood Pressure Screening 10:30 <u>Blood Pressure</u> 11:00 Intergenerational Prog.</p> | <p>3 Flu Shots 9:30 Yoga with Liz 12:00 Lunch 2:00 Knitting / Crocheting 6pm Julliard Musicians</p> | <p>4 9:30 Wrapping and Rapping 11:00 <u>Dancercise with Lisa</u> 12:00 Lunch 2pm <u>Arts and Crafts Joyce</u></p> |
| <p>7 9:30 Wrapping and Rapping 9:30 Yoga with Liz 10:45 <u>Bingo with Susan</u> 12:00 Lunch 2:00pm Choral Group</p> | <p>8 <u>Zumba Class</u> 10:30 Kentucky Derby 11:30 Program Trip Comm. 12:00 Lunch 1:15 Zumba</p> | <p>9 9:00 Wrapping and Rapping 11:00 <u>Dancercise with Lisa</u> 12:00 Lunch 2:00 Bingo with Susan</p> | <p>10 Trip to Roosevelt Field 9:30 Yoga with Liz 11:00 12:00 Lunch 2 pm Crocheting club</p> | <p>11 9:30 Wrapping and Rapping 11:00 <u>Chinese Auction</u> 12:00 Lunch 2pm <u>Arts and Crafts with Joyce</u></p> |
| <p>14 9:30 Wrapping and Rapping 9:30 Yoga with Liz 10:45 <u>Bingo with Susan</u> 12:00 Lunch 2:00pm Choral Group</p>  | <p>15 <u>Zumba Class</u> 10:30 Kentucky Derby 11:30 <u>Food Fundraising</u> 12:00 Lunch 1:15 Zumba</p> | <p>16 <u>Birthday Party</u> 9:00 Wrapping and Rapping 11am <u>George Maselli performing</u> 12:00 Lunch 2:00 Bingo with Susan</p> | <p>17 9:30 Yoga with Liz 11:00 <u>VNS</u> 12:00 Lunch 2 pm Crocheting club</p>  | <p>18 Flea Market 9:30 Wrapping and Rapping 11:00 <u>Dancercise with Lisa</u> 12:00 Lunch 2pm <u>Arts and Crafts with Joyce</u></p> |
| <p>21 9:30 Yoga with Liz 10:45 <u>Bingo with Susan</u> 12:00 Lunch 2:00pm Choral Group</p>  | <p>22 <u>Whitney Museum</u> 10:30 Kentucky Derby 11:00 Nutrition: Cholesterol 12:00 Lunch 1:15 Zumba</p> | <p>23 <u>Thanksgiving Luncheon</u> 9:30 Wrapping and Rapping 11:00 Pat Bellatoni performing 2:00 Bingo with Susan</p> | <p>24 <u>Center Closed</u> <u>Happy Thanksgiving</u></p>  | <p>25 11:00 <u>Dancercise with Lisa</u> 12:00 Lunch 2pm <u>Arts and Crafts with Joyce</u></p> |
| <p>28 9:30 Yoga with Liz 9:30 Wrapping and Rapping 12:00 Lunch 2:00pm Choral Group</p>  | <p>29 10:30 Kentucky Derby 11:30 <u>Town Hall Meeting</u> 12:00 Lunch 1:15 Zumba</p> | <p>30 Piano & Violin Concert 9:30 Wrapping and Rapping 11:00 Lena and Bella 12:00 Lunch 2:00 Bingo with Susan</p> | <p>Evening Concert 6pm Juilliard School Musicians Ansonia Project</p> | <p>JASA Roy Reuther Senior Center November 2011</p> |