



# Sunflower Cafe

[Home](#)
[About Us](#)
[The Menu](#)
[Message Board](#)
[Directions](#)

## Sunflower Café Menu

Call **718-336-1340** to Order  
**Free Local Delivery**



[Jumping Thai](#)

### Morning Pastries

(Served any time)

- |   |               |
|---|---------------|
| 1. <b>Croissant</b><br>Served With Butter and Jam             | <b>\$2.95</b> |
| 2. <b>Chocolate Croissant</b>                                 | <b>\$2.95</b> |
| 3. <b>Muffins</b><br>Corn, Blueberry, Chocolate Chip          | <b>\$2.50</b> |
| 4. <b>Bagel</b><br>Served with Cream Cheese or Butter and Jam | <b>\$2.95</b> |



[Sunflower Tuna](#)

### Breakfast

(Served any time)

- |  |               |
|--|---------------|
| 5. <b>Sunflower Breakfast</b><br>Two eggs done as you wish served with Garden Vegetables, Fresh Squeeze Orange Juice and Coffee or Tea | <b>\$8.95</b> |
| 6. <b>Eggs Paris</b><br>Two Fried Eggs on a Croissant served with Garden Vegetables, Fresh Squeeze Orange Juice and Coffee or Tea      | <b>\$9.95</b> |



[Belgium Waffle](#)

### Omelets

All our Omlets are made from three Eggs and garnished with Garden Vegetables and served with bread and butter

- |  |                |
|--|----------------|
| 7. <b>Home-Style Omelet</b><br>Plain                                 | <b>\$7.95</b>  |
| 8. <b>Mushroom Omelet</b><br>Mushrooms and Onions                    | <b>\$8.25</b>  |
| 9. <b>Greek Omelet</b><br>Feta Cheese, Tamatoes and Onions           | <b>\$9.50</b>  |
| 10. <b>Smoked Salmon Omelet</b>                                      | <b>\$10.95</b> |
| 11. <b>Fine Herbs and Feta Cheese</b>                                | <b>\$8.95</b>  |
| 12. <b>Mozzarella Omelet</b>   | <b>\$8.95</b>  |
| 12a. <b>Vegetable Omelet - Tomato, onion, mushroom and broccolli</b> | <b>\$9.50</b>  |



[Guacamole Salad](#)



[Caesar Salad](#)

## Soups

- |                             |               |
|-----------------------------|---------------|
| 13a. <b>Soup of the Day</b> | <b>\$4.50</b> |
| 13b. <b>Onion Soup</b>      | <b>\$4.95</b> |
| 13. <b>Tomato Soup</b>      | <b>\$4.50</b> |



Fettuccini Alfredo

## Salads

Our Salads served with your choice of Dressing:  
Vinaigrette, Thousand Island or Pesto



Strawberry Banana  
Frappe

- |  |                |
|--|----------------|
| 14. <b>Sunflower Salad</b><br>Asparagus, Mushrooms, Hard-boiled Egg,<br>White and Red Kidney Beans and Garden<br>Vegetables garnished with Pineapple       | <b>\$9.95</b>  |
| 15. <b>Chef's Salad</b><br>Garden Vegetables, Artichoke, Hard-boiled Egg,<br>Sweet Corn, Olives topped with Feta Cheese<br>and Emek Israeli Cheese         | <b>\$10.50</b> |
| 16. <b>Israeli Salad</b><br>Fresh Garden Vegetable sliced very thin with<br>Olive Oil and Lemon Juice  | <b>\$8.95</b>  |
| 17. <b>Cesar Salad</b>   | <b>\$8.25</b>  |
| 18. <b>Avocado Salad</b><br>Avocado, Hard-boiled Egg, Tomatoes, Onions,<br>Sesame Seeds served on a Bed of Baby Lettuce                                    | <b>\$9.95</b>  |
| 18a. <b>Garden Salad</b><br>Slices of toasted baguette topped with grilled<br>cheese served with cherry tomatoes and baby<br>lettuce                       | <b>\$9.50</b>  |
| 19. <b>Greek Salad</b><br>Tomatoes, Cucumbers, Onions, Black Olives,<br>Baby Lettuce and Olive Oil topped with Feta<br>Cheese                              | <b>\$9.25</b>  |
| 20. <b>Salad Nicoise</b><br>Tuna, Potatoes, Sweet Corn, Hard-boiled Egg,<br>Tomatoes, Cucumbers, Onions and Baby<br>Lettuce                                | <b>\$9.95</b>  |
| 21. <b>Tuna Salad</b><br>Tuna mixed with Mayonnaise and Fine Herb<br>served with Garden Vegetables   | <b>\$9.25</b>  |
| 21a. <b>Dreamy Halomi Salad</b><br>Two Skewers of fried Halomi cheese served on<br>a bed of baby lettuce garnished with cherry<br>tomatoes and pesto sauce | <b>\$11.95</b> |
| 22. <b>Pasta Salad</b><br>Pasta, Parmesan Cheese, Black Olives, Cherry<br>Tomatoes, Sun Dried Tomatoes, Garlic,<br>Mushrooms and Baby Lettuce              | <b>\$10.95</b> |
| 23. <b>Salad Tel Aviv</b><br>Choice of Tuna or Feta  | <b>\$11.95</b> |



Chef's Salad



Panini Toast



Tuna Sandwich

## Baked Potatoes

Garnished with Garden Vegetables

- |   |               |
|---|---------------|
| 24. <b>Baked Potato with Mushroom</b>   | <b>\$9.50</b> |
| 25. <b>Baked Potato with Sour Cream</b> | <b>\$7.95</b> |



Basil Garlic Spaghetti

26. **Baked Potato with Smoked Salmon** **\$9.95**

27. **Baked Potato with Broccoli** **\$9.50**

### ***Sandwiches***

**All our Sandwiches are served on Baguette or Country Bread garnished with Garden Vegetables**

28. **Mozzarella Sandwich** **\$8.50**

Fresh Mozzarella, Tomato and Basil

29. **Roasted Pepper Sandwich** **\$8.95**

Roasted Pepper, Fresh Mozzarella and Pesto Sauce

30. **Sun Dried Tomato Sandwich** **\$8.95**

Sun Dried Tomato, Fresh Mozzarella and Pesto Sauce

31. **Emek Cheese Sandwich** **\$8.50**

Emek Israeli Cheese, Tomato and Black Olives

32. **Feta Cheese Sandwich** **\$8.50**

Feta Cheese, Tomato and Black Olives

33. **Cream Cheese and Lox Sandwich** **\$9.95**

Smoked Salmon served on a Toasted Bagel with Cream Cheese

34. **Egg Sandwich** **\$8.25**

Hard-boiled Eggs, Tomato and Mayonnaise

35. **Fried Eggs and Avocado Sandwich** **\$8.95**

2 fried eggs, tomato and Avocado

36. **Tuna Sandwich** **\$8.95**

Tuna Salad or plain Tuna, Lettuce and Tomatoes

35a. **Fried Eggs & Avocado Sandwich** **\$9.95**

Two Fried Eggs, Tomato and Avocado

### ***Panini Toast Sandwich***

**Toasted Sandwiches are served hot and Garnished with Garden Vegetables**

37. **Sunflower Panini Toast** **\$9.50**

Five Cheese Panini Toast Cheddar, Mozzarella, Goat Cheese, Parmesan and Emek Cheese

38. **Israeli Panini Toast** **\$8.25**

Selected Cheese and Tomatoes

39. **Salmon Panini Toast** **\$10.95**

Mozzarella and Salmon

41. **Tuna Panini Toast** **\$9.50**

Tuna, Tomatoes and Olives

42. **Mushroom Panini Toast** **\$8.95**

Selected Cheese and Mushrooms

43. **Feta Panini Toast** **\$8.95**

Feta Cheese, Tomatoes and Olives

43a. **Issac Panini Toast** **\$10.95**

make up your own Panini Toast with up to four of the above ingredients

### ***Pasta***



**Spaghetti Neapolitan**



**Mango Frappe**

44. <b>Cheese Ravioli</b> Served with Tomato or Cream Sauce	<b>\$12.50</b>
45. <b>Spinach Ravioli</b> Served with Tomato or Cream Sauce	<b>\$12.50</b>
47. <b>Fettuccine Alfredo</b> Served with Cream Sauce	<b>\$11.95</b>
48. <b>Spaghetti Neapolitan</b> Served with Tomato Sauce topped with Melted Cheese	<b>\$11.95</b>
49. <b>Spaghetti</b> Served with Olive Oil, Basil and Garlic	<b>\$9.95</b>
46. <b>Mushroom and Cheese Ravioli</b> Served with any sauce	<b>\$12.50</b>

### *Specials*

50. <b>Sunflower Pizza</b>	<b>\$8.50</b>
51. <b>Guacamole Salad</b>	<b>\$10.95</b>
51a. <b>Paris Bistro</b> roasted pepper, fresh mozzarella, portabella mushroom and pesto sauce	<b>\$9.95</b>

### *Cakes*

52. <b>Cheese Cake</b>	<b>\$4.95</b>
------------------------	---------------

### *Desserts*

53. <b>Ice Cream</b> Two Scoops	<b>\$3.95</b>
54. <b>Sunflower Ice Cream</b> Served with Fruit Salad and Whip Cream	<b>\$5.95</b>
55. <b>Milk Shake</b>	<b>\$4.95</b>
56. <b>Fruit Salad</b>	<b>\$4.95</b>

### *Hot and Tasty*

57. <b>Coffee - Freshly Brewed</b>	<b>\$1.50</b>	<b>\$1.75</b>	<b>\$2.00</b>
58. <b>Flavored Coffee</b> Hazelnut, French Vanilla, Amaretto and more	<b>\$1.75</b>	<b>\$2.00</b>	<b>\$2.25</b>
59. <b>Nescafe</b> European Instant Coffee	<b>\$1.50</b>	<b>\$1.75</b>	<b>\$2.00</b>
60. <b>Israeli Nescafe</b> Nescafe served with Steamed Milk	<b>\$2.75</b>	<b>\$3.00</b>	<b>\$3.25</b>
61. <b>Cafè au lait</b>	<b>\$2.00</b>	<b>\$2.25</b>	<b>\$2.75</b>
62. <b>Cappuccino</b>	<b>\$2.95</b>	<b>\$3.50</b>	<b>\$4.00</b>
63. <b>Flavored Cappucino</b> Hazelnu, French Vanilla, Amaretto and more	<b>\$3.25</b>	<b>\$3.79</b>	<b>\$4.25</b>
64. <b>Cafè Mocha</b>	<b>\$3.25</b>	<b>\$3.50</b>	<b>\$4.00</b>

65. Cafè Latte	\$2.75	\$3.50	\$3.95
66. Steamed Milk	\$1.95	\$2.00	\$2.50
67. Espresso	\$2.50	\$3.00	
69. Hot Chocolate	\$2.50	\$2.75	\$3.00
70. Chococcino Hot Chocolate with steamed milk and Whipped Cream	\$2.75	\$3.00	\$3.25
71. Tea	\$1.25	\$1.50	\$1.75
72. Mint Tea with fresh mint leaves	\$1.50	\$1.75	\$2.00
73. Herbal Tea availabale in many flavors	\$1.50	\$1.75	\$2.00

### *Cold and Tasty*

All Coffe Drinks Can Be Flavored with Hazelnut, French Vanilla, Amaretto & more

74. Ice Coffee	\$2.25	\$2.50	\$3.00
75. Freezer Coffee Slush Ice Coffee		\$3.25	\$3.75
76. Sunflower Freezer Coffee Freezer and Ice Cream		\$3.95	\$4.50
77. Ice Chocolate	\$2.25	\$2.50	\$2.95
78. Freezer Chocolate		\$3.25	\$3.75
79. Sunflower Freezer Chocolate		\$3.95	\$4.50
80. Cafè Frappe Blast of refreshing coffee taste		\$3.95	\$4.50
81. Ice Cappuccino	\$3.50	\$4.00	\$4.50

### *Fresh squeeze Natural Juices*

Juices are squeezed when ordered, so they're fresh, taste good and are full of Vitamins

83. Apple Juice	\$3.95	\$4.50	\$5.50
84. Carrot Juice	\$3.95	\$4.50	\$5.50
85. Lemonade	\$3.95	\$4.50	\$5.50
86. Orange Juice	\$3.95	\$4.50	\$5.50
87. Grapefruit Juice	\$3.95	\$4.50	\$5.50
88. Issac's Health Juice	\$3.95	\$4.50	\$5.50
89. Melon Frappe			\$5.95

### *Fruit Frappe*

Fruit Shakes with or without Milk, Whip Cream

91. Peach Frappe			\$5.95
92. Strawberry Frappe			\$5.95
93. Kiwi Frappe			\$5.95
94. Apple Frappe			\$5.95
95. Mango Frappe			\$5.95
96. Pineapple Frappe			\$5.95

97. **Banana Frappe** \$5.95

98. **Isaac Frappe** \$5.95  
Mix any two Frappes

***Beverages***

99. **Soda** \$1.75

100. **Mineral Water** \$1.50

the prices above are for the to go menu

**[View Our Specials Menu](#)**

---

[Home](#) | [About Us](#) | [The Menu](#) | [Message Board](#) | [Directions](#)  
718-336-1340 [info@sunflowercafe.com](mailto:info@sunflowercafe.com)

© 2002 Sunflowercafe.com. All rights reserved.  
designed by **moruda.com**™